

## Code of Conduct for Athletes

EN has Codes of Conduct across all aspects of the sport, which is driven by its' core values of leadership, integrity, teamwork and excellence. Our codes require the highest standards of conduct from everyone involved in Netball to ensure that their behaviour and actions meet the values and standards expected of them at all times.

### As an athlete I will:

- be affiliated to EN and comply with all rules, regulations and requirements of the sport including any leagues and competitions in which I participate
- respect the rights, dignity and worth of all people involved in netball, regardless of gender, marital status, race, colour, disability, sexuality, age, occupation, religion or political opinion
- not abuse or misuse any relationship of trust, or position of power, or influence held by me within my team, club, League, County, Regional or National Association
- always conduct myself in an appropriate manner
- cooperate with my Coaches, team mates, Officials and Administrators
- never argue with an official during a game
- control my temper; I understand that verbal, emotional and physical abuse of Officials, Coaches, Spectators or other athletes, or deliberately distracting or provoking an opponent is not acceptable or permitted behaviour in netball
- treat all athletes with respect, never bully or take unfair advantage of another athlete
- work equally hard for myself and my team, show my determination and passion to learn and do well
- display modesty in victory and graciousness in defeat
- comply with all anti-doping policies and regulations
- abide by any disciplinary sanctions that might be imposed on me
- promote this code of conduct to other athletes, especially those new to the sport of netball

### I will not:

- consume alcoholic drinks, or illegal substances, or smoke either immediately prior to or whilst playing
- wager on any match or at any event where I am playing
- offer or attempt to offer, or accept either directly or indirectly, any consideration whatsoever with a view to influencing the result of any match
- use Social Media technology to bring the game into disrepute or make an inappropriate comment about a fellow athlete, Coach, Official, volunteer or the NGB.

**NB: Clubs are encouraged to add their own requirements to this athlete code, regarding Training times; Kit; Transport etc**